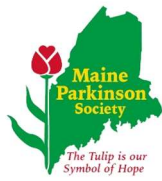


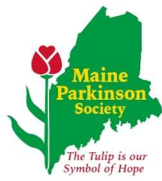
Maine Parkinson Society
Parkinson's Disease Support Groups Listing for the State of Maine
Current as of: May 5, 2022

Aroostook County	Day	Time	Leader Contact	Description
Sergeant Community Center Presque Isle Recreation Center 24 Chapman Road Presque Isle, ME	1 st Wednesday of each month In-Person	4:00-5:00 PM	Jennifer Bryce 240-4112 Jennhbryce@gmail.com mainelyparkinsons@gmail.com Heather Caron 768-4083 hcaron@northernlight.org	New 11/2021 Speech Language Pathologist
Androscoggin County	Day	Time	Leader Contact	Description
Clover Health Care 440 Minot Avenue Auburn, ME	1 st Thursday of each month	9:30-11:00 AM	Kate Adams 729-0991 kate@seniorsonthego.com	Small group, all stages
The Movement & Wellness Ctr. 170 Summer Street Lewiston, ME	2 nd Saturday of each month	1:00-2:00 PM	Kelly LaCroix 570-1529	
Cumberland County	Day	Time	Leader Contact	Description
Maine Women with PD Brunswick e-mail for meeting dates	3 rd or 4 th Thursday of the month Currently zoom	1 PM	Julie de Sherbinin 872-5908 jwdesher@colby.edu Linda Roy 649-7564 coccoroy@roadrunner.com	Women with PD
Portland Area Atypical PD Falmouth, ME	Sunday's 6 times a year Currently zoom	1:00-3:00PM	Janet Edmunson 508-308-4195 janet@janetedmunson.com Christine Merchant 344-7580	Pts & family with atypical disorders (PSP,CDC,MSA, LBD,FTD)
Casco Bay YMCA 14 Old South Freeport Road Freeport, ME	Every Wednesday Exercise M-W-F	11:15-Noon 12:15- 1:15PM	YMCA 865-9600	Mixed group Informal
Maine DBS Support Group Casco Bay YMCA 14 Old South Freeport Road Freeport, ME	Call for info Quarterly meetings		Janelle Michaud 615-6070 Janelle.michaud@medtronic.com (Anne Herrick-Facilitator)	Deep Brain Stimulation Support Group
Essential Tremor Maine Medical Center Campus 100 Campus Drive-West Scarborough, ME	1 st Sunday in April, June, August, October & December	2:00-4:00PM	Katrina Randall 651-2174	Essential Tremor support group



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Cumberland County Con't.	Day	Time	Leader Contact	Description
Portland Area Parkinson's Support Group (PAPS) Thornton Heights United Methodist Church 100 Westbrook Street So. Portland, ME	3 rd Sunday of each month July & Aug meetings when needed Currently zoom/live	1:00-3:00PM	Jeff Welt 729-5328 bikerwelt@gmail.com	Mixed group
Bay Square at Yarmouth 27 Forest Falls Drive Yarmouth, ME	3 rd Wednesday of each month	1:00-2:00PM	Samantha Nelson 846-0044	Mixed group- Bay Square & Community residents
Hancock County	Day	Time	Leader Contact	Description
Moore Senior Center 133 State Street Ellsworth, ME	3 rd Wednesday of each month (No meetings in July and August)	2:00-4:00 PM	Ruth Dietze rdietze@myfairpoint.net	Mixed group, no young-onset
Kennebec County	Day	Time	Leader Contact	Description
Hallowell Support Group Cohen Center 22 Farm Road Hallowell, ME	1 st Thursday of each month	12:30PM	Dave Jenkins 603-348-7120 djenkins@acadia-pharm.com	
Maine Women with PD Waterville, ME e-mail for meeting dates	3 rd or 4 th Thursday of the month Currently zoom	1PM	Julie de Sherbinin 872-5908 jwdesher@colby.edu Linda Roy 649-7564 coccoroy@roadrunner.com	Women with PD
Knox County	Day	Time	Leader Contact	Description
YMCA Rockport/Camden 116 Union Street Rockport, ME	2 nd Monday of each month Currently Live broadcast	12:15-2:15 PM	Cassandra Walters 596-3978 ckwalters66@gmail.com Gordon Guist 236-8475 spyka@roadrunner.com	



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Lincoln County	Day	Time	Leader Contact	Description
Miles Memorial Hospital Chase Point Damariscotta, ME	1 st Thursday of each Month Zoom	2:00-3:00 PM	Alexandra DeRosia 563-4462 alexandra.derosia@lchcare.org	Mixed group at various stages
St. Andrews Hospital Andrews Wellness Dept. Boothbay Harbor, ME	3 rd Tuesday of each Month Zoom	2:00 PM	Alexandra DeRosia 563-4462 alexandra.derosia@lchcare.org	<i>New Group started 8/5/15</i>
Oxford County	Day	Time	Leader Contact	Description
Stephens Memorial Hospital Board Room 181 Maine Street Norway, ME	Last Thursday of each month	2:00-3:00 PM	743-1562 ext. 6999	Mixed group- newly diagnosed to advanced
Rumford Library 56 Rumford Avenue Rumford, ME	1 st Thursday of each month	2:00 PM	Brenda Nickerson 507-1375	New Group Sept. 2016
Penobscot County	Day	Time	Leader Contact	Description
Bangor Y Corner of Second Street & Hammond Street Bangor, ME	3 rd Sunday of each month Currently zoom	1:00-3:00 PM	Caroline McHale 307-7152 gmchale69@gmail.com Cindy Griggs Maine381@gmail.com Jane Clark 279-0136	Mixed group
Waldo County	Day	Time	Leader Contact	Description
Unity Area PD Support Group Unity Community Building 32 School Street Unity, ME	3 rd Monday of each month	12:30-1:30 PM	Eleanor Bilodeau 948-1474 dogisland52@gmail.com	Parkinson's Patients & Caregivers

Support groups are for patients, family members and care partners to share with one another in a confidential setting. The Maine Parkinson Society requests service providers, students and product representatives refrain from attending and contacting these support groups unless requested. Please respect each group's privacy and do not solicit by telephone or e-mail. We do not allow our support group information to be shared or sold.

For all updates, please call 207-992-9978 or toll free 1-800-832-4116 or:
Email: info@maineparkinsonsociety.org
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