



Maine Parkinson Society
Parkinson's Disease Support Groups Listing for the State of Maine
Current as of: October 7, 2021

Aroostook County	Day	Time	Leader Contact	Description
Northern Light AR Gould Hospital Conference Center 140 Academy Street Presque Isle, ME	1 st Wednesday of each month	4:00-5:00 PM	Jennifer Bryce 768-4733 jbryce@northernlight.org	New group 2019
Androscoggin County	Day	Time	Leader Contact	Description
Clover Health Care 440 Minot Avenue Auburn, ME	1 st Thursday of each month	9:30-11:00 AM	Kate Adams 729-0991 kate@seniorsonthego.com	Small group, all stages
The Movement & Wellness Ctr. 170 Summer Street Lewiston, ME	2 nd Saturday of each month	1:00-2:00 PM	Kelly LaCroix 570-1529	
Cumberland County	Day	Time	Leader Contact	Description
Coastal Rehab Sunnybrook Village 340 Bath Road Brunswick, ME	3 rd Wednesday of each month	3:00-4:00PM	Coastal Rehab 767-9773	New group 2018
Maine Women with PD YMCA Brunswick Landing 24 Venture Avenue Brunswick, ME	3 rd Tuesday of each month	12:00- 1:30PM	Julie de Sherbinin 872-5908 jwdesher@colby.edu Linda Roy 649-7564 coccoroy@roadrunner.com	Group of women with PD
Portland Area Atypical PD Maine Health Learning Ctr. 5 Bucknam Road Falmouth, ME	Sunday's 6 times a year Currently virtual	1:00-3:00PM	Janet Edmunson 508-308-4195 janet@janetedmunson.com Barby Johnson 633-0881	PD pts & family with atypical disorders
Casco Bay YMCA 14 Old South Freeport Road Freeport, ME	Every Wednesday Exercise M-W-F	11:15-Noon 12:15- 1:15PM	YMCA 865-9600	Mixed group Informal
Maine DBS Support Group Casco Bay YMCA 14 Old South Freeport Road Freeport, ME	Mon. 6/3/19 Mon. 9/9/19 Mon. 12/9/19 Mon. 3/2/20	3:00PM 3:00PM 3:00 PM 3:00PM	Janelle Michaud 615-6070 Janelle.michaud@medtronic.com (Anne Herrick-Facilitator)	Deep Brain Stimulation Support Group
Essential Tremor Maine Medical Center Campus 100 Campus Drive-West Scarborough, ME	1 st Sunday in April, June, August, October & December	2:00-4:00PM	Katrina Randall 651-2174	Essential Tremor support group



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Thornton Heights United Methodist Church 100 Westbrook Street So. Portland, ME	3 rd Sunday of each month (No meetings July & August)	1:00-3:00PM	Jeff Welt 729-5328 bikerwelt@gmail.com	Mixed group
Stroudwater Lodge Senior Living 116 Landing Road Westbrook, ME	2 nd Monday of each month	10:30-11:30AM	Amy Pelletier 767-9773 ap@coastalrehab.me	Mixed group
Bay Square at Yarmouth 27 Forest Falls Drive Yarmouth, ME	3 rd Wednesday of each month	1:00-2:00PM	Samantha Nelson 846-0044	Mixed group- Bay Square & Community residents
Hancock County	Day	Time	Leader Contact	Description
Moore Senior Center 133 State Street Ellsworth, ME	3 rd Wednesday of each month (No meetings in July and August)	2:00-4:00 PM	Ruth Dietze rdietze@myfairpoint.net	Mixed group, no young-onset
Kennebec County	Day	Time	Leader Contact	Description
Colby College Roberts Building Waterville, ME	Call for schedule as it varies month to month	10:00 – 12:00 PM	Julie de Sherbinin 872-5908 jwdesher@colby.edu Linda Roy 649-7564 coccoroy@roadrunner.com	Women with PD
Knox County	Day	Time	Leader Contact	Description
Quarry Hill 30 Community Drive Camden, ME	1 st Tuesday of each month	12:00-2:00 PM	Cassandra Walters 596-3978 ckwalters66@gmail.com Gordon Guist 236-8475 spyka@roadrunner.com	
Lincoln County	Day	Time	Leader Contact	Description
Miles Memorial Hospital Chase Point Damariscotta, ME	1 st Thursday of each Month	2:00-3:00 PM	Alexandra DeRosia 633-1893 alexandra.derosi@lchcare.org	Mixed group at various stages
St. Andrews Hospital Andrews Wellness Dept. Boothbay Harbor, ME	3 rd Tuesday of each month	2:00 PM	Alexandra DeRosia 633-1893 alexandra.derosi@lchcare.org	<i>New Group started 8/5/15</i>



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Oxford County	Day	Time	Leader Contact	Description
Stephens Memorial Hospital Board Room 181 Maine Street Norway, ME	Last Thursday of each month	2:00-3:00 PM	743-1562 ext. 6999	Mixed group- newly diagnosed to advanced
Rumford Library 56 Rumford Avenue Rumford, ME	1 st Thursday of each month	2:00 PM	Brenda Nickerson 507-1375	New Group Sept. 2016
Penobscot County	Day	Time	Leader Contact	Description
Bangor Y Corner of Second Street & Hammond Street Bangor, ME	3 rd Sunday of each month	1:00-3:00 PM	Caroline McHale 307-7152 gmchale69@gmail.com Cindy Griggs Maine381@gmail.com Jane Clark 279-0136	Mixed group
Waldo County	Day	Time	Leader Contact	Description
Waldo County Home Health & Hospice 125 Northport Ave Room 106 Belfast, ME	Currently not meeting		Amanda Curtis 505-4186	Guest speakers or personal sharing and discussion
Unity Area PD Support Group Unity Community Building 32 School Street Unity, ME	2 nd Thursday of each month	3:00-4:00 PM	Eleanor Bilodeau 948-1474 dogisland52@gmail.com	Mixed group
York County	Day	Time	Leader Contact	Description
Bradford on the Common 3 Huntington Common Drive Kennebunk, ME	3 rd Thursday of each month	2:00-3:30 PM	Lindsey Goodrich 767-9773 lg@coastalrehab.me Gail Anderson 363-6039	Diverse population, interactive group

Support groups are for patients, family members and care partners to share with one another in a confidential setting. The Maine Parkinson Society requests service providers, students and product representatives refrain from attending and contacting these support groups unless requested. Please respect each group's privacy and do not solicit by telephone or e-mail. We do not allow our support group information to be shared or sold.

For all updates, please call 207-992-9978 or toll free 1-800-832-4116 or:
Email: info@maineparkinsonsociety.org
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